

Native Plants of the Butterfly Garden



The Paradise Creek Nature Park butterfly garden effectively attracts and sustains a healthy population of butterflies and other beneficial insects and organisms. Butterflies and butterfly larvae provide food for birds, mammals, lizards and other wildlife.



Marshmallow

(*Althea officinalis*) is a perennial flower fond of moist, damp places. It stands 3 to 4 feet high. They have 5 heart shaped petals, usually white, to bluish pink or mauve. They bloom in late summer. Flowers, leaves, and roots are edible.



Ironweed

(*Vernonia noveboracensis*) commonly called ironweed or New York ironweed, is a tall, coarse, upright perennial which typically occurs in the wild in moist thickets, low areas and along stream banks from Massachusetts to Mississippi.



Milkweed

(*Asclepias*) American milkweeds are an important nectar source for native bees, wasps, and other nectar-seeking insects. Milkweeds are also the larval food source for monarch butterflies and their relatives, as well as a variety of other insects.

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